




## Who Are We?

Dragon's Abreast Australia is a national organization comprised of breast cancer survivors of various ages from a great variety of backgrounds, athletic abilities and interests. We are founded on the principles of participation and inclusiveness. Competitive outcome is secondary – we are winners simply by being here and able to paddle.

Dragons Abreast members provide a “Face” for the breast cancer statistics whilst spreading the message of breast cancer awareness through participation in the wonderful and strenuous sport of dragon boat racing.

High on our list of priorities is having fun, trying new things, meeting interesting people and being involved in a challenging, physical activity whilst promoting breast cancer awareness.







If you want to:

-  - **Get fit**
-  - **Make new friends**
-  - **Have fun**

**Then Dragon boating just might be the sport for YOU!!**



## Our Aims

-  - **To promote breast cancer awareness and education.**
-  - **To demonstrate people can still lead a full and active life despite breast cancer.**
-  - **To show breast cancer does not discriminate on the basis of age or race.**
-  - **To give a 'face' to and personalise the statistics.**
-  - **To be inclusive of all breast cancer survivors who wish to participate.**
-  - **To always encourage the search for a cure.**

## How Do You Contact Us?

You can contact us by talking to:

Kathy McConnell – 6334 0778 or 0438 340 778  
Susan King – 6394 4668 or 0438 076 395

## How Often Do We Meet?

Training is held every Tuesday night at the North Esk Rowing Club Rooms, Lindsay Street.

## What Do I Wear To Training?

Loose fitting, comfortable clothing (something bright pink if available).

## Who May become a Member of Dragons Abreast?

Breast Cancer Survivors



***Dragon boat racing is an aquatic sport in which a 12 metre long canoe-like boat, wide enough to sit 20 people (2 abreast) along with a sweep to steer the boat and a drummer, is paddled over a course of approximately 500 metres in length.***

***During races a dragon boat will feature the head and tail of a dragon, a mythological creature regarded by the Chinese as having dominion over the waters and exercising control over rainfall (so maybe we can ask our dragons to share some rain with us over this wide brown land?)***

### ***ACKNOWLEDGEMENT***

**This brochure was produced by  
Dragons Abreast Northern Tasmania Inc.**

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